Instructions For Using MapRun

Before you go to run the Event

If you haven't already done so, download (from the Apple App Store or from Google Play) and install the free app "MapRun7". (The latest version is MapRun7 v7.22.1)
Note: Make sure that you get the MapRun7 app and not the MapRun app or MapRun6, which are older versions of the app that is no longer being developed.

- Open the app and "register" by filling in the personal details as requested.
- Select the event that you want to run. Near the start, use the "Events Here and Now" button to find the current Event. You can also search for the Event - click "Select Event" then "NSW", "Wagga Wagga". This summer's events are in the "Wagga Wagga MapRun 2026-27" folder. The previous years events can be found under of "Wagga Wagga MapRun 2025-26" folder. Select the required Event.
- Go to the Waggaroos club website www.waggaroos.asn.au and download and print the map with control descriptions for the event. These can be found under the MapRun tab.
- Note: A map of the course will load when you open the event in MapRun, however this is very small on most smartphones and can therefore be difficult to read "on-the-run", so it's recommended you use a printed map.

At the Event

- Go to the start area but don't go to the actual start/finish location until you are ready to run/walk as you may accidentally activate the timing.
- Open MapRun. The event you selected earlier should still be showing. Press the "Go To Start" button. A map with the course should appear on the screen. Once your phone has acquired a GPS signal, your location should also show on the app. You can now put your phone in your armband, pocket, backpack or wherever you choose to carry your phone since you shouldn't need to look at it again until you have finished.
- When you are ready go to the actual start/finish location. When you get within 10m of the location your phone should beep (if not, just move around a bit until you hear the beep). This means that your time has started.

- Complete your course. As you pass within 10m of each control your phone should beep. Timing will stop automatically as you pass back through the start/finish location.

- As is standard in Waggaroos street Orienteering events you have 45 minutes to collect as many controls as you can. However, the value of each control is the control number rounded down to the nearest multiple of 10. For example, control 12 is worth 10 points, control 25 is worth 20 points and control 51 is worth 50 points. The penalty for being late is 30 points per minute (or part thereof). You can, of course, elect to run for a shorter time period.

- Once you have finished your result should be automatically uploaded to the web. If it hasn't, use the option to upload your run manually.

Warning: You participate at your own risk and are responsible for your safety. Take care crossing roads, use pedestrian crossings and lights if available. Children should be accompanied by an adult.

More information about using MapRun can be found on the MapRun website: http://maprunners.weebly.com/quick-guide.html